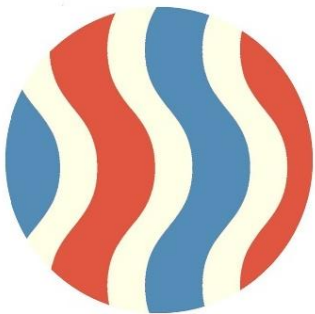


Alicante Training

Erasmus courses **and** Traineeships



Courses 2025

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Course Schedule for 2025 with Additional Information

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Enhancing Well-being and Preventing Burnout for Educators (April-May 2025)

Teaching is one of the most rewarding professions, yet it comes with unique challenges that can lead to stress and burnout. This course addresses these challenges head-on by equipping educators with sustainable self-care practices. By focusing on physical, mental, and emotional health, participants will not only enhance their well-being but also create a positive ripple effect in their classrooms. This course is a must for educators who seek resilience, balance, and renewed energy in their professional lives.

Description

This immersive course empowers educators with the knowledge and skills to prioritise their mental, emotional, and physical well-being. Combining practical tools with theoretical insights, participants will explore strategies for managing stress, preventing burnout, and fostering a healthy work-life balance. The curriculum integrates breathing techniques, ergonomic practices, and movement-based activities such as dance and relaxation. Designed for educators at all levels, the course provides actionable solutions to create supportive and thriving educational environments.



Image: [Levi XU](#) en [Unsplash](#)

REMARKS (1): All sessions will be taught by university professors or by active primary or secondary school teachers or specialized sports/well-being monitors.



Learning objectives

1. Understand the impact of stress and burnout on educators.
2. Learn evidence-based breathing techniques to manage stress and enhance focus.
3. Explore ergonomic strategies for maintaining physical health in teaching environments.
4. Develop personalised plans to prevent burnout and maintain balance.
5. Gain practical skills in incorporating movement-based activities for overall well-being.
6. Build a collaborative network of educators for continued support and learning.
7. Foster a supportive learning community where teachers can share experiences, challenges, and strategies for managing stress effectively.

Through engaging discussions, interactive activities, and reflective exercises, this course aims to equip educators with the knowledge, skills, and resources needed to navigate the demands of teaching while prioritizing their own well-being.

What you will Learn

- Effective stress management techniques such as mindfulness and breathing exercises.
- Ergonomic practices to prevent physical strain and promote comfort.
- Strategies for integrating dance, sports, and relaxation activities into daily routines.
- Practical tips for establishing work-life balance and setting boundaries.
- Communication skills to advocate for healthy practices within schools.
- Methods to create a supportive learning community focused on educator wellness.

Methodology & assessment

1. Interactive Workshops: Hands-on sessions focused on stress management, ergonomics, and movement-based activities.
2. Guest Speaker Sessions: Insights from experts in wellness, education, and psychology.
3. Practical Exercises: Breathing and relaxation techniques, ergonomic adjustments, and movement classes.
4. Group Discussions: Collaborative activities to share experiences and strategies.
5. Reflective Journaling: Encouraged throughout to document growth and insights.
6. Case Studies: Analysis of real-life scenarios to apply course concepts.



7. Action Planning: Development of personalised well-being strategies.
8. Post-Course Support: Continued access to a supportive educator network and resources.
9. Feedback and Evaluation: Collect feedback to assess effectiveness and adjust course content based on participant input.

Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training.

The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Additional information

- Language: English
- Certified time: 25 hours / 5 days or 35hours / 7 days
- Fees:
 - Option 1: Five-day course (28/04/2025 – 02/05/2025): 400€
 - Option 2: Seven-day course (27/04/2025 – 03/05/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€



Sustainable Development Goals in Education (May 2025)

Education plays a critical role in addressing global challenges such as climate change, poverty, and inequality. This course empowers educators to integrate the United Nations' Sustainable Development Goals (SDGs) into their teaching practices, ensuring that students become active global citizens. Participants will gain insights into real-world applications of sustainability, from eco-friendly classroom practices to community-driven projects. By attending this course, teachers will acquire innovative tools to inspire change and foster critical thinking in their students.

Description

The 2030 Agenda for Sustainable Development, adopted by all United Nations Member States in 2015, provides a shared blueprint for peace and prosperity for people and the planet, now and into the future. At its heart are the 17 Sustainable Development Goals (SDGs), which are an urgent call for action by all countries – developed and developing – in a global partnership. All members of society – and educational centres in particular – should contribute to the best of their ability to the achievement of these goals. In the course we will also study how SDGs are implemented in educational centres. By communicating successful experiences and organizing visits to unique facilities we intend that, (1) active teachers and managers share with the attendees their experiences in implementing measures to train / raise awareness of the SDGs among pupils. We believe that it is



Image: [Prado](#) in [Unsplash](#)



interesting to learn about the experiences that have worked and those that have not been successful, in order to avoid repeating the mistakes. But the course also shows (2) some interesting facilities existing in the province of Alicante, which can serve as a model or inspiration to generate useful ideas for attendees.

- REMARKS (1): All sessions will be taught by university professors or by active primary or secondary school teachers with experience in each of the technologies.
- REMARKS (2): All attendees who follow the course will receive a document accrediting attendance, participation, and achievement, certifying 30 hours of dedication.

Learning objectives

1. Understand the concept and significance of Sustainable Development Goals (SDGs) in the context of education.
2. Explore successful experiences and best practices of implementing SDGs in educational centers worldwide.
3. Identify unique facilities and initiatives that promote sustainability and SDGs within educational environments.
4. Analyse challenges and opportunities in integrating SDGs into curriculum, pedagogy, and school culture.
5. Develop strategies for effectively engaging students, educators, and communities in SDG-related initiatives and projects.
6. Foster partnerships and collaboration among educational institutions, government agencies, NGOs, and local communities to advance SDGs.

What you will learn

- Strategies for implementing SDGs in educational settings.
- Case studies of successful and unsuccessful initiatives.
- Methods to adapt sustainable practices for diverse classrooms.

Methodology & assessment

1. Guest Lectures and Presentations: Invite experts, educators, and representatives from unique facilities to share their experiences and insights on integrating SDGs into educational centers.



2. Site Visits: Organize visits to exemplary educational centers and sustainable facilities that demonstrate successful implementation of SDGs. Encourage participants to observe practices and interact with stakeholders.
3. Case Studies and Discussions: Analyze case studies of educational centers implementing SDGs. Facilitate group discussions to explore strategies, challenges, and outcomes.
4. Project-Based Learning: Engage participants in collaborative projects to design SDG-focused initiatives for their educational centers. Evaluate project proposals based on feasibility, relevance to SDGs, and potential impact.
5. Reflection and Action Planning: Provide time for reflection on site visits and learning experiences. Guide participants in developing action plans to integrate SDGs into their educational centers.
6. Evaluation: Assess participants' understanding, engagement, and project outcomes through pre-and post-course evaluations, project presentations, and feedback sessions. Adapt course content and activities based on participant feedback and evaluation results.

Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training. The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Additional information

- Language: English
- Certified time: 25 hours / 5 days or 35hours / 7 days
- Fees:
 - Option 1: Five-day course (05/05/2025 to 09/05/2025): 400€
 - Option 2: Seven-day course (06/05/2025 to 10/05/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€



Ephemeral art as a didactic resource (June 2025)

The Bonfires of San Juan are more than a festival; they are a celebration of art, culture, and community. This course connects educators with the rich heritage of Alicante while demonstrating how cultural traditions can be leveraged as powerful teaching tools. Participants will explore how art and history intersect, gaining skills to create engaging, multidisciplinary lessons that resonate with students. By incorporating these practices, teachers can foster creativity, cultural awareness, and critical thinking.



⌘ This photo is credited to **Miriam Gil Albert** and was originally published on **Todoalicante.es**. The image accompanies the article titled "Nuevo cambio: la fiesta de Alicante adelanta la contratación de las Hogueras" and can be accessed at the following URL: <https://www.todoalicante.es/hogueras-san-juan/nuevo-cambio-fiesta-alicante-adelanta-contratacion-hogueras-20231028151313-nt.html>.



⌘ This photo was sourced from an article published on **Cadena SER** titled "El Ayuntamiento de Alicante recibe una propuesta para la hoguera oficial 2024". The original publication can be found at the following URL: <https://cadenaser.com/comunitat-valenciana/2023/09/06/el-ayuntamiento-de-alicante-recibe-una-propuesta-para-la-hoguera-oficial-2024-radio-alicante/>.



Description

For centuries, Europeans have celebrated the summer solstice with bonfires, symbolizing nature's peak fertility and harmony. Fire was believed to cleanse and protect, while festivities included dancing, rituals, and blessings. In some European regions, like Alicante, bonfire traditions have evolved into an art form, featuring giant sculptures burnt on June 24th, often with social commentary. We're taking advantage of this festival to offer this course to raise awareness of this intangible heritage, with workshops making these sculptures on a smaller scale. They can be used as a didactic tool in the classroom... And to have a good time for a few days during the main festivities of the city (hundreds of street parties, the beach, music, fireworks...). And a party atmosphere that will fill the whole of the city.

In this course you will learn and enjoy life at the same time!

- REMARKS (1): Art teachers and bonfire experts will lead all sessions. Some of the sessions will be out of the classroom, with visits to bonfires and other types of special 'construction'.
- REMARKS (2): You can find more information about the Alicante bonfires in this website: <https://alicanteabout.com/festivals/alicante-bonfires-a-guide-to-the-hogueras-de-san-juan-festival/>

↑ [[DISCLAIMER: The website linked above does NOT belong to AlicanteTraining. It has no connection with our company. AlicanteTraining is NOT responsible for the information contained on the website or any changes its authors may make in the future.]]

Learning objectives

1. Understand the meaning and history of ephemeral art, especially during the Hogueras de San Juan.
2. Explore techniques for creating and designing ephemeral monuments.
3. Analyse the process of construction and destruction as a metaphor for life and culture.
4. Integrate ephemeral art into pedagogy and educational curriculum.
5. Foster appreciation of art as a temporally and emotionally significant expression.
6. Reflect on the environmental and cultural impact of creating and destroying ephemeral art.



What you will learn

- Techniques for creating small-scale bonfire sculptures.
- Ways to incorporate local heritage into teaching.
- Strategies to use art as a didactic tool in the classroom.

Methodology & assessment

1. Practical Workshops: Conduct hands-on sessions for creating ephemeral art, including design, construction, and documentation.
2. Guided Visits: Organize visits to monuments and artist workshops during the Hogueras de San Juan to understand the creative process.
3. Debates and Analysis: Facilitate discussions on the meaning and effectiveness of ephemeral art as a didactic resource.
4. Individual Projects: Develop individual projects for creating and documenting ephemeral art, evaluating creativity and critical reflection.
5. Continuous Assessment: Monitor participation, engagement, and understanding throughout the course.
6. Final Presentations: Evaluate and share final projects, considering originality, execution, and critical reflection.

Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training.

The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Additional information

- Language: English
- Certified time: 25 hours / 5 days or 35hours / 7 days



Alicante Training

Erasmus courses and Traineeships

- Fees:
 - Option 1: Five-day course (21/06/2025 to 25/06/2025): 400€
 - Option 2: Seven-day course (20/06/2025 to 26/06/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€

Did you know?

Alicante is also home to the EUIPO (the European Union Intellectual Property Office), **the largest EU agency with headquarters out of the Brussels-Luxembourg area**, which is responsible for the registration of the European Union trademarks and the registered Community designs. More than one thousand officials from all over Europe come to work and live to Alicante in search of professional development and enjoying the local climate.



HOWEVER....



Image taken by fellow course participants

If you're looking for more fun experiences, we also offer other activities that might spark your curiosity. See, for instance, this Polish teacher who wanted to take a photo as a bullfighter at Alicante's bullring.

You provide the idea, and we'll see what we can do.

At AlicanteTraining, our door and our minds are always open.

Our doors and our minds are open



Inclusion and violence prevention: international workshop and shared experiences (July 2025)

Classroom diversity is both a challenge and an opportunity. This course equips educators with the tools to create inclusive learning environments where all students, regardless of their background or abilities, can thrive. By understanding the unique needs of students from diverse socioeconomic and cultural contexts, teachers can implement strategies that promote equity and reduce barriers to learning. This course fosters collaboration and provides practical solutions to real-world challenges in education.

Description

Improving the integration of students with fewer opportunities, either because they are socially disadvantaged or because they are functionally diverse, is one of the main objectives of the Erasmus programme. In many cases, a problem of social inclusion is the seed from which violence can germinate. The problem is not simple. Nor is there a single solution that applies to all cases. In this course, teachers and heads of schools located in singular or disadvantaged neighbourhoods will present the main strategies that they themselves have used in their schools,



Image: [Ben Wicks](#) in [Unsplash](#)

in schools with pupils of more than 45 nationalities or in institutions located in areas of economic and social deprivation. Above all, the course aims to encourage participants to share their experiences, highlighting the strategies that have worked and those that have not, and trying to analyse the causes and strategies that have led to success or failure in each case. The problem does NOT have a universal solution, so it CANNOT be approached as a recipe from a theoretical course: it must be approached as a problem of



strategy, so that each teacher has the tools at their disposal and can apply them to their specific situation.

- REMARKS (1): All sessions will be taught by active primary or secondary school teachers with a strong experience in difficult centres.

Learning objectives

1. Understand the principles and importance of inclusive education.
2. Explore international perspectives on violence prevention in diverse educational settings.
3. Share and analyze successful strategies for creating inclusive and safe learning environments.
4. Develop skills to address discrimination, bullying, and violence through inclusive practices.
5. Foster cross-cultural understanding and empathy to promote inclusivity on a global scale.
6. Establish a network for ongoing collaboration and resource-sharing among participants.

What you will learn

- Effective inclusion strategies for diverse student populations.
- Case studies of schools in challenging environments.
- Techniques to foster equity and collaboration in classrooms.

Methodology & assessment

1. Virtual Workshops: Conduct interactive online workshops with international experts, addressing inclusion and violence prevention.
2. Case Studies: Analyze real-world case studies to understand the challenges and successes of inclusive practices and violence prevention in various global contexts.
3. Group Discussions: Facilitate group discussions for participants to share their experiences, perspectives, and effective strategies for inclusion and violence prevention.
4. Collaborative Projects: Engage participants in collaborative projects addressing specific inclusion and violence prevention challenges in their respective regions.



5. Guest Speakers: Invite experts and practitioners from different countries to share their insights and experiences during virtual guest speaker sessions.
6. Peer Learning: Encourage peer learning through collaborative assignments, discussion forums, and the exchange of resources and best practices.
7. Continuous Assessment: Assess participants' understanding through regular quizzes, discussions, and reflections throughout the course.
8. Final Project: Require participants to develop a final project outlining a comprehensive plan for promoting inclusion and preventing violence in their local or educational contexts.
9. Feedback and Evaluation: Collect participant feedback to continually improve the course. Evaluate the final projects based on creativity, feasibility, and alignment with course objectives.

Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training.

The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Additional information

- Language: English
- Certified time: 25 hours / 5 days or 35hours / 7 days
- Next upcoming session: 30/06/2025 to 04/07/2025
- Fees:
 - Option 1: Five-day course (30/06/2025 to 04/07/2025): 400€
 - Option 2: Seven-day course (29/06/2025 to 05/07/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€



**Mindfulness pro prevenci stresu a syndromu vyhoření ve výuce /
Mindfulness for Stress and Burnout Prevention in Teaching
(special course in English with Czech / Slovak translation)
(July 2025)**



Teaching can be incredibly rewarding, but it also comes with significant stress and demands. This course provides educators with practical tools to enhance their mental well-being and resilience through mindfulness. By learning to manage stress effectively, participants can prevent burnout, improve focus, and bring renewed energy to their teaching. Mindfulness techniques not only benefit teachers but also create a more positive and supportive learning environment for students.

Učitelská profese může být velmi obohacující, ale zároveň je spojena s vysokou mírou stresu a vysokými nároky. Tento kurz poskytuje pedagogům praktické nástroje, které jim pomohou zlepšit jejich duševní pohodu a odolnost prostřednictvím mindfulness. Účastníci se naučí, jak efektivně zvládat stres, předcházet vyhoření, zlepšit koncentraci a přinést novou energii do své výuky. Techniky mindfulness prospívají nejen učitelům, ale vytvářejí i pozitivní a podpůrné prostředí pro žáky.



Description

This course explores the concept of Mindfulness and provides participants with tools and techniques for managing stress and preventing burnout in the teaching profession. Course content includes an introduction to mindfulness, understanding stress and burnout, practical mindfulness exercises, and strategies for incorporating mindfulness into daily teaching practice. Course activities are designed to be interactive and engaging, allowing participants to practice mindfulness techniques in a supportive environment. Through guided meditations, group discussions and reflective exercises, participants will gain a deeper understanding of how mindfulness can positively impact their well-being and teaching effectiveness. Overall, this course is not only informative but also practical, offering tangible skills that can be immediately applied in the classroom. By exploring the connections between mindfulness, stress reduction, and burnout prevention in teaching, participants will gain valuable insights and tools to improve their overall well-being and professional practice.

- NOTES (1): All classes will be taught by university professors or active elementary or high school teachers or professional athletic/intern coaches.

Popis

Tento kurz se zabývá konceptem Mindfulness a poskytuje účastníkům nástroje a techniky pro zvládnání stresu a prevenci vyhoření v učitelské profesi. Obsah kurzu zahrnuje úvod do mindfulness, porozumění stresu a syndromu vyhoření, praktická cvičení všímavosti a strategie pro začlenění mindfulness do každodenní učitelské praxe. Aktivity kurzu jsou navrženy tak, aby byly interaktivní a poutavé a umožnily účastníkům praktikovat techniky mindfulness v podpůrném prostředí. Prostřednictvím řízených meditací, skupinových diskusí a reflektivních cvičení účastníci získají hlubší porozumění tomu, jak může mindfulness pozitivně ovlivnit jejich pohodu a efektivitu výuky. Celkově je tento kurz nejen informativní, ale také praktický a nabízí hmatatelné dovednosti, které lze okamžitě uplatnit ve třídě. Zkoumáním souvislostí mezi všímavostí, snižováním stresu a prevencí vyhoření ve výuce získají účastníci cenné poznatky a nástroje pro zlepšení své celkové pohody a profesní praxe.

- POZNÁMKY (1): Všechny hodiny povedou univerzitní profesori nebo aktivní učitelé základních či středních škol nebo odborní sportovní/interní trenéři.



Learning objectives

1. Understand the concept of mindfulness and its application to reduce stress and prevent burnout.
2. Acquire practical mindfulness techniques to enhance psychological well-being and emotional stability.
3. Recognize signs of stress and burnout in yourself and those you work with.
4. Develop individual mindfulness strategies to prevent burnout in your teaching. Ensure a clear and logical structure in your approach to preventing burnout.
5. Communicate effectively and seek support from colleagues and management.
6. Establish a culture of mutual assistance and knowledge exchange.

What you will learn

- Core mindfulness exercises for daily practice.
- Stress management and burnout prevention strategies.
- Methods to integrate mindfulness into classroom routines.

Cíle učení

1. Porozumět konceptu mindfulness a jeho využití pro snižování stresu a prevenci vyhoření.
2. Naučit se praktické techniky mindfulness pro zlepšení psychické pohody a emocionální stability.
3. Identifikovat příznaky stresu a vyhoření u sebe i u kolegů.
4. Vybudovat individuální strategie mindfulness pro prevenci vyhoření ve vlastní výuce.
5. Rozvíjet schopnost komunikace a hledání podpory u kolegů a vedení.
6. Vytvořit prostředí vzájemné podpory a sdílení zkušeností.

Co se naučíte

- Základní cvičení mindfulness pro každodenní praxi.
- Strategie zvládnání stresu a prevence vyhoření.
- Metody integrace mindfulness do školní rutiny.



Methodology and evaluation

1. Interactive workshops: engaging participants in discussions, exercises and mindfulness practices.
2. Reflection and discussion: group discussions and reflection on own experiences of mindfulness in teaching.
3. Support among participants: Creating a group environment for sharing experiences and supporting each other.
4. Evaluation: ongoing evaluation of participation and progress, gathering feedback on course content and effectiveness.

Metodika a hodnocení

1. Interaktivní workshopy: Zapojení účastníků do diskusí, cvičení a praktických cvičení mindfulness.
2. Reflexe a diskuse: Skupinové diskuse a reflexe vlastních zkušeností s mindfulness ve výuce.
3. Podpora mezi účastníky: Vytváření skupinového prostředí pro sdílení zkušeností a vzájemnou podporu.
4. Hodnocení: Průběžné hodnocení účasti a pokroku, sběr zpětné vazby na obsah a efektivitu kurzu.



⇐ Image of a dance workshop held during the 2024 edition of the course. Photo taken by our staff at our facilities.



Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and the CEO's signature stating the name of the course, the venue, the length in hours and a certificate of successful completion of the training.

The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Additional information

- Language: Czech / Slovak
- Certified time: 25 hours / 5 days or 35hours / 7 days
- Fees:
 - Option 1: Five-day course (07/07/2025 to 11/07/2025): 400€
 - Option 2: Seven-day course (06/07/2025 to 12/07/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€

Podrobnosti o certifikaci

V rámci tohoto kurzu budou vydány DVA CERTIFIKÁTY: Jeden ve formě diplomu s razítkem společnosti a podpisem generálního ředitele, ve kterém je uvedeno název kurzu, místo konání, délka v hodinách a potvrzení o úspěšném absolvování školení.

DRUHÝ dokument, ve formě certifikátu, bude obsahovat základní informace stejně jako ten první, ale navíc bude obsahovat kompletní obsah kurzu.

Další informace

- Jazyk: angličtina a čeština / slovenština
- Certifikovaný čas: 25 hodin / 5 dní nebo 35 hodin / 7 dní
- Poplatky:
 - Možnost 1: Pětidenní kurz (07/07/2025 to 11/07/2025): 400 €
 - Možnost 2: Sedmidenní kurz (06/07/2025 to 12/07/2025), zahrnující prohlídku města, návštěvu rybářského městečka Santa Pola a ostrova Tabarca, první podmorské rezervace v Evropě: 560 €



Enhancing Well-being and Preventing Burnout for Educators (July 2025)

Teaching is one of the most rewarding professions, yet it comes with unique challenges that can lead to stress and burnout. This course addresses these challenges head-on by equipping educators with sustainable self-care practices. By focusing on physical, mental, and emotional health, participants will not only enhance their well-being but also create a positive ripple effect in their classrooms. This course is a must for educators who seek resilience, balance, and renewed energy in their professional lives.

Description

This immersive course empowers educators with the knowledge and skills to prioritise their mental, emotional, and physical well-being. Combining practical tools with theoretical insights, participants will explore strategies for managing stress, preventing burnout, and fostering a healthy work-life balance. The curriculum integrates breathing techniques, ergonomic practices, and movement-based activities such as dance and relaxation. Designed for educators at all levels, the course provides actionable solutions to create supportive and thriving educational environments.



Image: [Fred Moon](#) en [Unsplash](#)

REMARKS (1): All sessions will be taught by university professors or by active primary or secondary school teachers or specialized sports/well-being monitors.



Learning objectives

1. Understand the impact of stress and burnout on educators.
2. Learn evidence-based breathing techniques to manage stress and enhance focus.
3. Explore ergonomic strategies for maintaining physical health in teaching environments.
4. Develop personalised plans to prevent burnout and maintain balance.
5. Gain practical skills in incorporating movement-based activities for overall well-being.
6. Build a collaborative network of educators for continued support and learning.
7. Foster a supportive learning community where teachers can share experiences, challenges, and strategies for managing stress effectively.

Through engaging discussions, interactive activities, and reflective exercises, this course aims to equip educators with the knowledge, skills, and resources needed to navigate the demands of teaching while prioritizing their own well-being.

What you will Learn

- Effective stress management techniques such as mindfulness and breathing exercises.
- Ergonomic practices to prevent physical strain and promote comfort.
- Strategies for integrating dance, sports, and relaxation activities into daily routines.
- Practical tips for establishing work-life balance and setting boundaries.
- Communication skills to advocate for healthy practices within schools.
- Methods to create a supportive learning community focused on educator wellness.

Methodology & assessment

1. Interactive Workshops: Hands-on sessions focused on stress management, ergonomics, and movement-based activities.
2. Guest Speaker Sessions: Insights from experts in wellness, education, and psychology.
3. Practical Exercises: Breathing and relaxation techniques, ergonomic adjustments, and movement classes.
4. Group Discussions: Collaborative activities to share experiences and strategies.
5. Reflective Journaling: Encouraged throughout to document growth and insights.



6. Case Studies: Analysis of real-life scenarios to apply course concepts.
7. Action Planning: Development of personalised well-being strategies.
8. Post-Course Support: Continued access to a supportive educator network and resources.
9. Feedback and Evaluation: Collect feedback to assess effectiveness and adjust course content based on participant input.

Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training.

The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Additional information

- Language: English
- Certified time: 25 hours / 5 days or 35hours / 7 days
- Fees:
 - Option 1: Five-day course (21/07/2025 – 25/07/2025): 400€
 - Option 2: Seven-day course (20/07/2025 – 25/07/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€



Digital Skills for Educators (July 2025)

In an increasingly digital world, educators must stay ahead by mastering tools and technologies that enhance learning. This course is designed to bridge the gap between traditional teaching methods and modern digital tools, empowering teachers to create engaging and interactive materials. By attending this course, participants will learn how to effectively incorporate technology into their teaching practices, making lessons more dynamic and accessible for students.

Description

Digital education is one of the goals that the Erasmus+ Programme pursues in its latest edition. As a response to that, we offer this course to improve the digital teaching skills. This course would like to review the most effective tools, applications and new approaches to be applied with our increasingly technological students. The aim of this course is for teachers with user-level computer skills to acquire the skills to create materials and publish or share them with their students using new technologies. The course is developed in a participative way, being the teachers the ones who must elaborate didactic materials, videos, tests, performances and other materials, which must also be reflected in a diary-blog or web-diary that will be elaborated by the participants throughout the course. The contents of the course include Blogging, Applications for online teaching (Meet / Zoom / Webex /Loom and others); Creation of didactic materials (advanced resources in Power point / Advanced GoogleSlide / Style rules for presentations – not everything goes);



Image: Foto: [Firmbee.com](https://www.firmbee.com) en [Unsplash](https://www.unsplash.com)



Create your own Youtube video channel; ESL videos, Canvas; Applications for student participation (Quizzes, Quizlet, Kahoot), Google Resources for Teaching, AI resources for education, ChatGPT and other free resources.

- REMARKS (1): All sessions will be taught by university professors or by active primary or secondary school teachers with experience in each of the technologies.
- REMARKS (2): It is highly recommended that those attending the course bring their own laptop, so that they can work more comfortably (in their own language) and, in addition, they will be able to take the applications with which we work installed and well configured.

Learning objectives

1. Understand the latest trends and developments in digital education for secondary education and VET.
2. Explore effective strategies for integrating technology into teaching and learning practices.
3. Learn how to design engaging and interactive digital learning experiences tailored to the needs of secondary education and VET students.
4. Discover new tools and platforms for creating multimedia content, interactive assessments, and collaborative projects.
5. Develop skills in digital literacy, critical thinking, and problem-solving necessary for success in the digital age.
6. Foster a supportive learning community where educators can share experiences, challenges, and best practices in digital education.

What you will learn

- Creating engaging content with AI and multimedia tools.
- Using platforms like Kahoot, Quizlet, and Canvas.
- Building and managing a YouTube channel for educational purposes.



Methodology & assessment

1. **Interactive Workshops:** Engage participants in hands-on workshops covering various aspects of digital education, including digital tools, instructional design, and assessment strategies.
2. **Case Studies:** Analyze case studies of successful digital education initiatives in secondary education and VET settings. Discuss challenges, solutions, and best practices.
3. **Guest Speakers:** Invite experts and practitioners in digital education to deliver guest lectures and share insights into emerging trends and innovative practices.
4. **Project-Based Learning:** Facilitate collaborative projects where participants design and implement digital learning activities for their students. Evaluate project outcomes based on creativity, effectiveness, and alignment with learning objectives.
5. **Online Resources and Discussions:** Provide access to online resources, discussion forums, and webinars to support ongoing learning and collaboration among participants.
6. **Peer Feedback and Evaluation:** Encourage participants to provide constructive feedback on each other's digital learning projects. Evaluate participant engagement, contributions, and project outcomes throughout the course.
7. **Reflection and Action Planning:** Guide participants in reflecting on their learning experiences and developing action plans for integrating new approaches to digital education into their teaching practice.
8. **Final Assessment:** Assess participants' understanding and application of new approaches to digital education through a final project or presentation demonstrating their learning and insights gained from the course.

Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training. The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Additional information

- Language: English



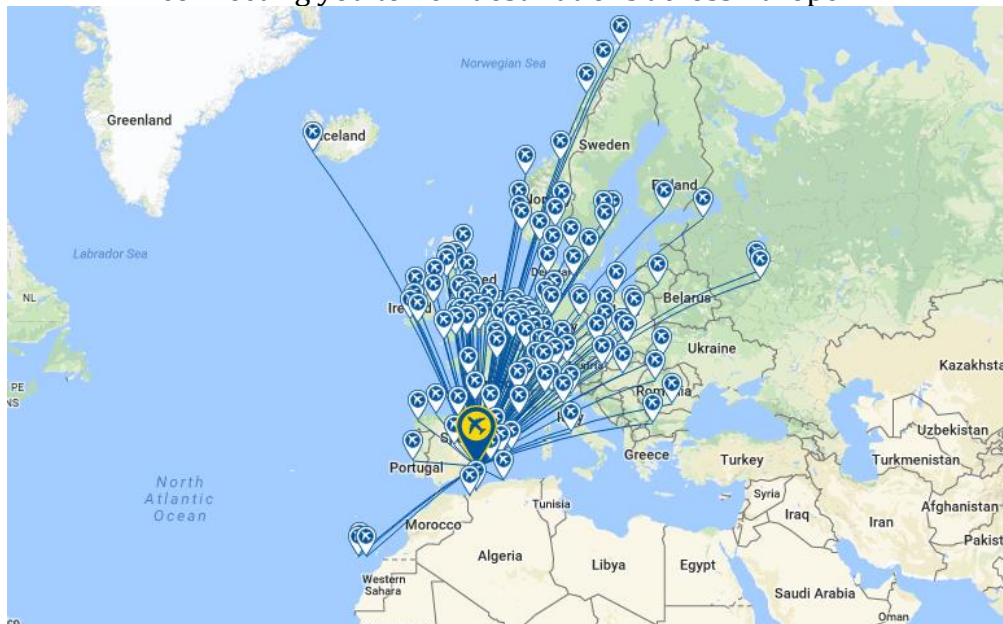
Alicante Training

Erasmus courses and Traineeships

- Certified time: 25 hours / 5 days or 35hours / 7 days
- Fees:
 - Option 1: Five-day course (07/07/2025 to 11/07/2025): 400€
 - Option 2: Seven-day course (06/07/2025 to 12/07/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€.

Did you know?

Alicante is home to one of Spain's largest airports, connecting you to 107 destinations across Europe!"





Outdoor education: a practical course without classroom (July 2025)

Traditional classrooms are not the only places where learning happens. This course offers educators the chance to step outside and utilize natural and urban environments as dynamic educational tools. By immersing themselves in outdoor settings, participants will discover how hands-on experiences enhance learning retention and foster creativity. The course highlights Alicante's unique landscapes—its beaches, mountains, and vibrant city life—as a living laboratory for education. Participants will leave equipped with practical strategies to bring the power of outdoor learning into their own teaching practices.

Description

The city, the countryside, the university campus, the sea, the beach... The students' environment offers numerous didactic resources that allow teaching in which the students, through their own experience, learn by themselves with a significant learning outcome that will be difficult to forget. The didactic model of the course is based on taking advantage of the city of Alicante, its environment and its services as a huge laboratory where teachers turn into students, and they will be able to check the functionality of the model and will be able to devise their own formulas to adapt this model to their areas of knowledge. Briefly, the idea is to use the city as an educational tool, exploiting the fact that Alicante is a city with a beach, a port, a European Agency (EUIPO), a very mild climate and surrounded by mountains.



Image: [Giorgio Trovato](#) en [Unsplash](#).



Learning objectives

1. Understand ecological systems and environmental dynamics.
2. Develop outdoor survival skills and safety protocols.
3. Foster teamwork, leadership, and communication through outdoor challenges.
4. Cultivate environmental stewardship and sustainable practices.
5. Enhance physical fitness and well-being through outdoor activities.
6. Embrace cultural and historical significance of Alicante's natural surroundings.

What you will learn

- Understand ecological systems and environmental dynamics.
- Develop outdoor survival skills and safety protocols.
- Foster teamwork, leadership, and communication through outdoor challenges.
- Cultivate environmental stewardship and sustainable practices.
- Enhance physical fitness and well-being through outdoor activities.
- Embrace cultural and historical significance of Alicante's natural surroundings.

Methodology & assessment

1. Field Trips: Organize excursions to diverse outdoor locations such as beaches, mountains, and parks for practical learning.
2. Experiential Learning: Engage in hands-on activities including hiking, camping, and water sports to build skills and deepen understanding.
3. Environmental Studies: Conduct ecological investigations and wildlife observation to learn about local flora and fauna.
4. Group Projects: Collaborate on environmental conservation initiatives and community-based projects.
5. Reflections and Debates: Encourage reflective journals and group discussions to process experiences and discuss environmental issues.
7. Practical Assessments: Evaluate skills and knowledge through performance-based assessments during outdoor activities.
8. Peer Evaluation: Foster peer feedback and support to enhance learning and teamwork.
9. Final Presentation: Present projects and insights gained from outdoor experiences, demonstrating understanding of course objectives.



Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training.

The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Additional information

- Language: English
- Certified time: 25 hours / 5 days or 35hours / 7 days
- Fees:
- Option 1: Five-day course (07/07/2025 to 11/07/2025): 400€
- Option 2: Seven-day course (06/07/2025 to 12/07/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€

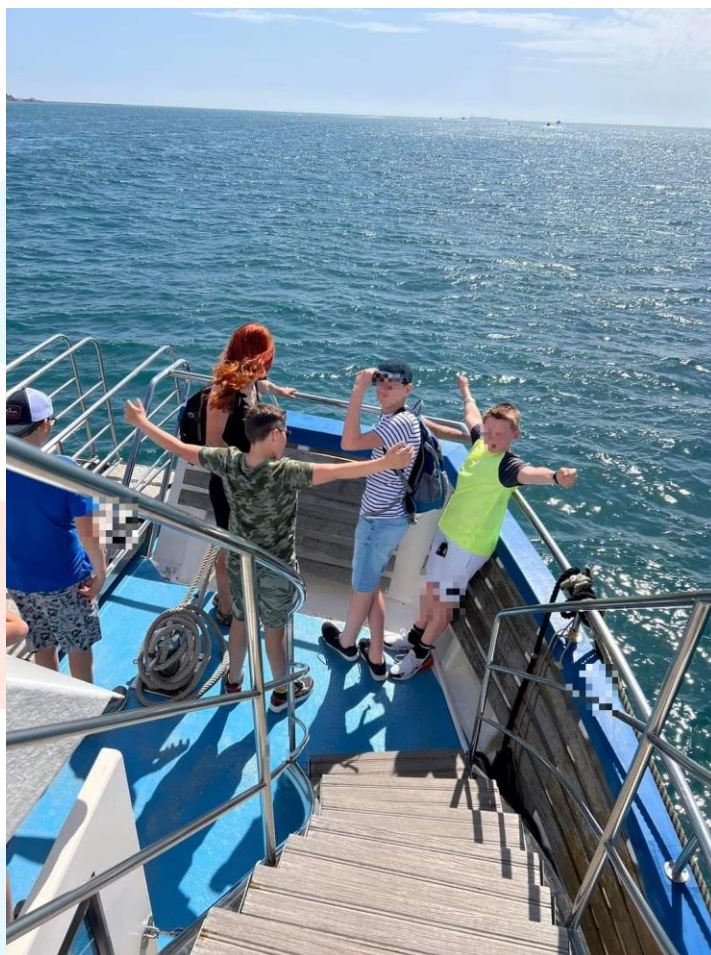


Image: Students from one of our courses sailing to Tabarca Island



SDGs in educational centres. Successful experiences and visits to unique facilities (July 2025)

Education plays a critical role in addressing global challenges such as climate change, poverty, and inequality. This course empowers educators to integrate the United Nations' Sustainable Development Goals (SDGs) into their teaching practices, ensuring that students become active global citizens. Participants will gain insights into real-world applications of sustainability, from eco-friendly classroom practices to community-driven projects. By attending this course, teachers will acquire innovative tools to inspire change and foster critical thinking in their students.

Description



Image: United Nations



The 2030 Agenda for Sustainable Development, adopted by all United Nations Member States in 2015, provides a shared blueprint for peace and prosperity for people and the planet, now and into the future. At its heart are the 17 Sustainable Development Goals (SDGs), which are an urgent call for action by all countries – developed and developing – in a global partnership. All members of society – and educational centres in particular – should contribute to the best of their ability to the achievement of these goals. In the course we will also study how SDGs are implemented in educational centres. By communicating successful experiences and organizing visits to unique facilities we intend that, (1) active teachers and managers share with the attendees their experiences in implementing measures to train / raise awareness of the SDGs among pupils. We believe that it is interesting to learn about the experiences that have worked and those that have not been successful, in order to avoid repeating the mistakes. But the course also shows (2) some interesting facilities existing in the province of Alicante, which can serve as a model or inspiration to generate useful ideas for attendees.

- REMARKS (1): All sessions will be taught by university professors or by active primary or secondary school teachers with experience in each of the technologies.
- REMARKS (2): All attendees who follow the course will receive a document accrediting attendance, participation, and achievement, certifying 30 hours of dedication.

Learning objectives

1. Understand the concept and significance of Sustainable Development Goals (SDGs) in the context of education.
2. Explore successful experiences and best practices of implementing SDGs in educational centers worldwide.
3. Identify unique facilities and initiatives that promote sustainability and SDGs within educational environments.
4. Analyse challenges and opportunities in integrating SDGs into curriculum, pedagogy, and school culture.
5. Develop strategies for effectively engaging students, educators, and communities in SDG-related initiatives and projects.
6. Foster partnerships and collaboration among educational institutions, government agencies, NGOs, and local communities to advance SDGs.

What you will learn

- Strategies for implementing SDGs in educational settings.



- Case studies of successful and unsuccessful initiatives.
- Methods to adapt sustainable practices for diverse classrooms.

Methodology & assessment

1. Guest Lectures and Presentations: Invite experts, educators, and representatives from unique facilities to share their experiences and insights on integrating SDGs into educational centers.
2. Site Visits: Organize visits to exemplary educational centers and sustainable facilities that demonstrate successful implementation of SDGs. Encourage participants to observe practices and interact with stakeholders.
3. Case Studies and Discussions: Analyze case studies of educational centers implementing SDGs. Facilitate group discussions to explore strategies, challenges, and outcomes.
4. Project-Based Learning: Engage participants in collaborative projects to design SDG-focused initiatives for their educational centers. Evaluate project proposals based on feasibility, relevance to SDGs, and potential impact.
5. Reflection and Action Planning: Provide time for reflection on site visits and learning experiences. Guide participants in developing action plans to integrate SDGs into their educational centers.
6. Evaluation: Assess participants' understanding, engagement, and project outcomes through pre-and post-course evaluations, project presentations, and feedback sessions. Adapt course content and activities based on participant feedback and evaluation results.

Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training.

The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Additional information

- Language: English
- Certified time: 25 hours / 5 days or 35hours / 7 days

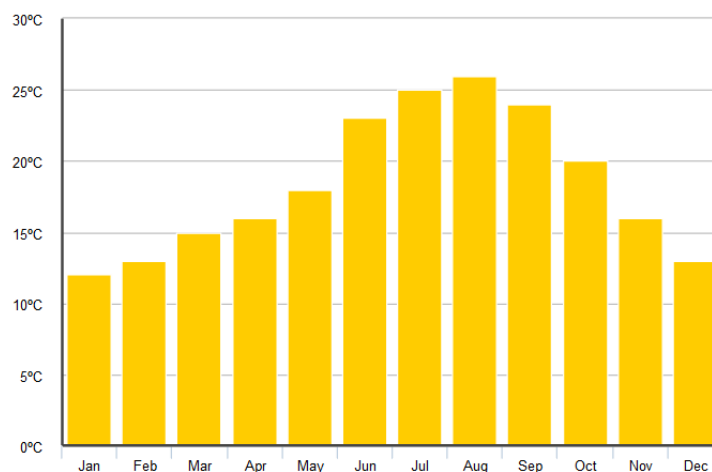


- Fees:
 - Option 1: Five-day course (14/07/2025 to 18/07/2025): 400€
 - Option 2: Seven-day course (13/07/2025 to 19/07/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€

Did you know?

Alicante has the softest winter in the peninsular Spain and that is why many people from northern Europe come here to establish their second residence or for holidays to enjoy the sun not only in summer.

Average temperatures in Alicante





Intensive Spanish language course for education staff / Curso intensivo de español para docentes (July/Julio 2025)



Language is the key to understanding and connection, especially in multicultural and multilingual educational settings. This course is tailored for education professionals looking to improve or update their Spanish skills. Whether you are a beginner or an advanced speaker, the course provides a structured yet dynamic environment for language acquisition. Through immersive and real-life scenarios, participants will gain practical communication skills and cultural insights essential for engaging with Spanish-speaking students and communities.

Description

In this course we aim to update your knowledge of Spanish, whatever level it may be. The didactic model we propose is refreshing, with many activities in the street and in real situations, such as shopping, eating out, booking a hotel,



La lengua es la clave del entendimiento y la conexión, especialmente en entornos educativos multiculturales y multilingües. Este curso está dirigido a profesionales de la educación que deseen mejorar o actualizar sus conocimientos de lengua española. Tanto para principiantes como para hablantes avanzados, el curso ofrece un entorno estructurado y dinámico para la adquisición del idioma. A través de situaciones reales, los participantes adquirirán habilidades comunicativas prácticas y conocimientos culturales esenciales para relacionarse con estudiantes y comunidades hispanohablantes.

Descripción

En este curso pretendemos actualizar tus conocimientos de español, sea cual sea tu nivel. El modelo didáctico que proponemos es refrescante, con muchas actividades en la calle y en situaciones reales, como ir de compras, comer fuera,



finding your way, etc. The goal is that the participants acquire sufficient knowledge of Spanish to be able to move around the city and immerse themselves in the Spanish culture, lifestyle and traditions. The course is designed for any level of previous knowledge, with “help” in five different European languages in case you need it.

→ REMARKS (1): All sessions will be taught by university professors or by active primary or secondary school teachers with experience in each of the technologies.

reservar un hotel, orientarse, etc. El objetivo es que los participantes adquieran conocimientos suficientes de español para poder moverse por la ciudad y sumergirse en la cultura, el estilo de vida y las tradiciones españolas. El curso está diseñado para cualquier nivel de conocimientos previos, con «ayuda» en cinco idiomas europeos diferentes en caso de necesitarla.

→ OBSERVACIONES (1): Todas las sesiones serán impartidas por profesores universitarios o por profesores de primaria o secundaria en activo con experiencia en cada una de las tecnologías.

Learning objectives

1. Develop proficiency in Spanish language communication skills.
2. Enhance vocabulary and grammar for effective teaching and interaction.
3. Gain cultural insights and sensitivity for teaching Spanish to NO Spanish-speaking students.
4. Improve listening, speaking, reading, and writing skills in Spanish.
5. Build confidence in using Spanish language in educational settings.
6. Foster intercultural understanding and appreciation.

Objetivos de aprendizaje

1. Desarrollar la competencia comunicativa en lengua española.
2. Mejorar el vocabulario y la gramática para una enseñanza e interacción eficaces.
3. Adquirir conocimientos culturales y sensibilidad para enseñar castellano a estudiantes NO-hispanohablantes.
4. Mejorar la comprensión auditiva, la expresión oral, la lectura y la escritura en español.
5. Construir confianza en el uso de la lengua española en entornos educativos.
6. Fomentar la comprensión y el aprecio intercultural.



Methodology & assessment

1. **Immersive Instruction:** Conduct classes primarily in Spanish to provide immersion experience.
2. **Communicative Activities:** Engage in role-plays, group discussions, and language games to practice language in context.
3. **Authentic Materials:** Use authentic texts, videos, and cultural artifacts to expose learners to real-world language use. The street and its people are the best "resource" for developing communicative fluency!
4. **Peer Interaction:** Facilitate peer interactions and language exchange activities to practice conversational skills.
5. **Formative Assessments:** Conduct regular quizzes, presentations, and speaking tasks to monitor progress.
6. **Performance Tasks:** Assign projects and presentations requiring language use and cultural understanding.
7. **Feedback and Reflection:** Provide constructive feedback and encourage self-reflection to support continuous improvement.

Metodología y evaluación

1. **Instrucción inmersiva:** las clases se impartirán principalmente en español para proporcionar una experiencia de inmersión.
2. **Actividades comunicativas:** Participar en juegos de rol, discusiones en grupo y juegos lingüísticos para practicar el idioma en su contexto.
3. **Materiales auténticos:** Utilizar textos auténticos, vídeos y artefactos culturales para exponer a los alumnos al uso de la lengua en el mundo real. La calle y la gente de la calle es el mejor "material" para ganar fluidez en la comunicación.
4. **Interacción entre compañeros:** Facilitar las interacciones entre compañeros y las actividades de intercambio lingüístico para practicar las destrezas conversacionales.
5. **Evaluaciones formativas:** Llevar a cabo pruebas periódicas, presentaciones y tareas de expresión oral para supervisar el progreso.
6. **Tareas de rendimiento:** Asignar proyectos y presentaciones que requieran el uso de la lengua y la comprensión cultural.
7. **Retroalimentación y reflexión:** Proporcionar retroalimentación constructiva y fomentar la autorreflexión para apoyar la mejora continua.



What you will learn

- Proficiency in Spanish communication skills for diverse settings.
- Expanded vocabulary and improved grammar for teaching and interaction.
- Enhanced listening, speaking, reading, and writing abilities.
- Cultural insights to foster intercultural understanding and appreciation.
- Practical skills for navigating real-life situations like shopping, dining, and travel.

Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training.

The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Qué aprenderás

- Dominio de las habilidades comunicativas en español para diversos entornos.
- Ampliación del vocabulario y mejora de la gramática para la enseñanza y la interacción.
- Mejora de la comprensión oral, la expresión oral, la lectura y la escritura.
- Conocimientos culturales para fomentar la comprensión y el aprecio intercultural.
- Habilidades prácticas para desenvolverse en situaciones de la vida real, como ir de compras, a cenar o de viaje.

Certificación

Como parte de este curso se expedirán DOS CERTIFICADOS: uno en forma de diploma con el sello de la empresa y la firma de la directora general, en el que se indicará el nombre del curso, el lugar, la duración en horas y un certificado de superación de la formación.

El SEGUNDO documento, en forma de certificado, contendrá la misma información básica que el primero, pero además incluirá el contenido completo del curso.



Additional information

- Language: Spanish/English
- Learning time: 25 hours / 5 days
- Next upcoming session: 14/07/2025 to 18/07/2025
- Fees:
 - Option 1: Five-day course (14/07/2025 to 18/07/2025): 400€
 - Option 2: Seven-day course (13/07/2025 to 19/07/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€

Información adicional

- Idioma: español/ inglés
- Duración del curso: 25 horas / 5 días
- Próxima convocatoria: del 14/07/2025 al 18/07/2025
- Tarifas:
 - Opción 1: Curso de cinco días (14/07/2025 a 18/07/2025): 400 €
 - Opción 2: Curso de siete días (13/07/2025 a 19/07/2025), que incluye un tour por la ciudad, una visita al pueblo pesquero de Santa Pola y a la Isla de Tabarca, la primera reserva marina de Europa: 560 €

Did you know?

Benidorm (40 km from Alicante) is often referred to as the “Manhattan of the Mediterranean Sea.” A city built vertically, it boasts an impressive skyline dominated by towering hotels and apartment buildings. After Madrid and Barcelona, it is the Spanish city with the biggest number of tourist accommodations, totalling around 100,000. It’s a sight worth seeing, although the bustling crowds can be overwhelming for some visitors.



Image <https://alicanteplaza.es/los-hoteles-del-litoral-de-la-comunitat-tienen-una-ocupacion-del-80-para-el-puente-de-mayo>



Artificial Intelligence for teaching staff (July-August 2025)

The world of education is evolving rapidly, and Artificial Intelligence (AI) is at the forefront of this transformation. This course is designed to equip educators with the skills and confidence to leverage AI in their teaching practices. By mastering AI tools, teachers can save time, enhance creativity, and provide more personalized learning experiences. This course empowers participants to stay ahead in an increasingly technological educational landscape, ensuring their teaching remains innovative and impactful.

Description

This course offers an engaging and practical introduction to the world of Artificial Intelligence (AI) for educators. Whether you're a tech expert or just starting, this course is designed for teachers who want to enhance their teaching practices using AI tools. Through a series of interactive online sessions, you will learn how to create and modify images, generate text for lesson plans and student feedback, and enhance presentations with AI. You'll also discover how to use natural voice synthesis for multilingual voiceovers and clean audio recordings using AI.

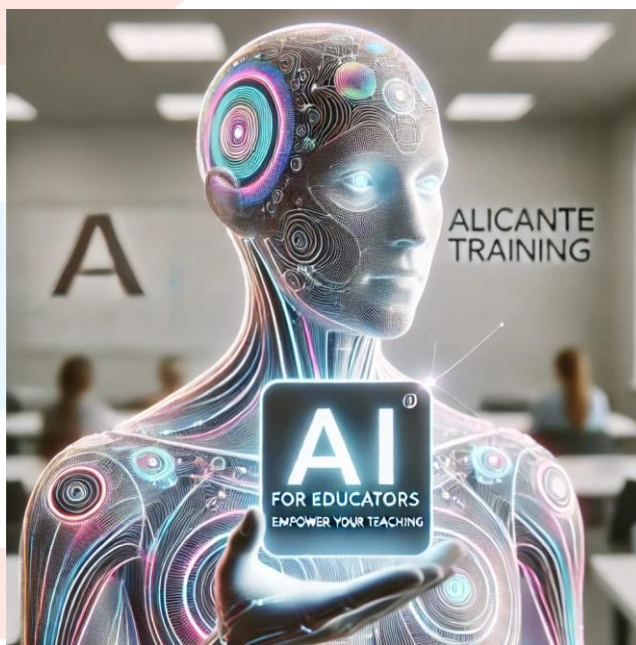


Image generated by AI

The hands-on workshops will give you the opportunity to apply what you've learned in real-world educational scenarios, helping you create AI-driven



materials and assessments that can be auto-graded. Collaborating with educators from various backgrounds, you will gain practical skills in integrating AI seamlessly into your classroom. No technical knowledge is required, making this course accessible to all educators who want to transform their teaching methods.

By the end of the course, you will have the knowledge and confidence to integrate AI into your teaching, making your lessons more engaging and efficient. Plus, you'll receive two certificates: one confirming your successful completion and another detailing the course content. Join us in revolutionizing education with the power of AI!

Course Outline:

1. Introduction to AI: If You Can Use Google, You Can Use AI: Learn the basics of AI and how it can be as simple as using a search engine. No prior technical knowledge needed!
2. AI for Image Creation, Recreation, and Transformation: Discover tools to create and modify images, enhancing your teaching materials.
3. Generating Texts with AI: Use AI to generate written content, from lesson plans to student feedback.
4. Creating AI-Enhanced Slide Presentations: Integrate AI into Google Slides for visually appealing presentations with Canva's aesthetic power
5. Natural Voice Synthesis: Speak Any Language: Create natural-sounding voiceovers in multiple languages for your presentations.
6. Audio Cleaning: Improve the quality of your audio recordings with AI tools.
7. Transcribing Audio to Text: Convert your spoken lectures into text effortlessly.
8. Working with AI: Practical Applications: Hands-on sessions to apply AI in various educational scenarios.
9. Refining AI Prompts: Learn how to write effective prompts to get the best results from AI tools.
10. Creating and Auto-Grading Materials with AI: Develop teaching materials and exams that can be automatically graded by AI.

Methodology

Our course is designed with a focus on interactive and practical learning to ensure that educators from across Europe can effectively integrate AI into their teaching practices. Here's an overview of our methodology:

1. *Interactive Online Sessions*: Live Lectures: Our expert instructors will deliver live online lectures, making the complex world of AI accessible and engaging. These



sessions will be interactive, allowing participants to ask questions and participate in discussions.

2. *Hands-On Workshops:* Each module includes practical exercises where you can apply what you've learned. You'll get hands-on experience with AI tools and software, from creating images and texts to developing AI-driven presentations and assessments. We use real-world teaching scenarios to demonstrate how AI can be used effectively in the classroom. You'll learn through case studies and practical examples relevant to your everyday teaching needs.
3. *Collaborative Learning:* Participants will be grouped into small teams to work on projects. This collaborative approach encourages the exchange of ideas and best practices among educators from different countries and teaching backgrounds.
4. *Expert Support and Resources:* Our instructors are available to provide guidance and answer any questions you might have throughout the course. You'll receive a range of resources, including guides, templates, and access to AI tools, ensuring that you have everything you need to succeed.
5. *Accessibility:* No prior technical knowledge is required. If you can use a search engine, you can learn to use AI. Our content is crafted to be accessible to all educators, regardless of their technical background.
6. *Post-Course Support:* After the course, you'll have access to a community of fellow educators and ongoing support to help you implement what you've learned.

By the end of this course, you'll be equipped with the skills and knowledge to leverage AI in your teaching practice, creating a more engaging and efficient learning environment for your students. Join us on this exciting journey to transform education with AI!

What you will learn

- Fundamentals of AI for educators, requiring no prior technical knowledge.
- Tools for creating and modifying images and texts to enhance teaching materials.
- Techniques for using AI in slide presentations and natural voice synthesis.
- Practical applications of AI in grading, assessments, and classroom management.
- Strategies for integrating AI into everyday teaching practices.



Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training.

The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

For more information, visit our website or contact us at info@alicantetraining.com. And don't forget to subscribe to our newsletter for the latest updates on our courses.

Additional information

- Language: Spanish/English
- Target audience ISCED
- Certified time: 25 hours / 5 days or 35hours / 7 days
- Fees:
 - Option 1: Five-day course (28/07/2025 to 01/08/2025): 400€
 - Option 2: Seven-day course (27/07/2025 to 02/08/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€

We look forward to seeing you in our course and helping you bring AI into your classroom!



New ways to teach in STEM and Life Sciences: Successful experiences (July-August 2025)

Education in STEM and Life Sciences is rapidly evolving, and teachers need innovative approaches to prepare students for the challenges of the future. This course empowers educators with cutting-edge teaching methodologies designed to foster independent learning, critical thinking, and problem-solving skills. By exploring and applying five proven teaching styles, participants will gain hands-on experience and develop adaptable strategies for diverse classroom environments. This is an opportunity to stay ahead in a constantly changing educational landscape.

Description

As no one could understand a hospital using 20th century procedures, education must also adapt to state-of-the-art teaching procedures. The current trend is that students must learn for themselves, in other words, they must learn how to learn. In this course, we will explore 5 great ways to get students to seek information and learn on their own. Participants will try out these five different teaching styles for themselves as if they were learners: (1) problem-based learning, (2) challenge-based learning, (3) flipped classroom, (4) service-based learning and (5) project-based learning.... Depending on the use of time, other learning modalities, perhaps more specific to certain areas of knowledge, may be considered. In addition to teaching the different models, a critical analysis of each model will be made. The experience of the teachers taking part in the course, this time as students, will enable them to analyse for themselves the strengths and weaknesses of each of the procedures.

- REMARKS (1): All sessions will be taught by university lecturers or by active primary or secondary school teachers with experience in each of the methodologies.
- REMARKS (3): It is highly recommended that those attending the course bring their own laptop / tablet to search better the information and in their own language.



Learning objectives

1. Discover cutting-edge teaching approaches and resources in STEM and life sciences education.
2. Learn practical strategies to enhance student engagement and learning outcomes.
3. Explore successful experiences and best practices from educators in the field.
4. Foster creativity, critical thinking, and problem-solving skills among students.
5. Develop adaptable lesson plans and activities for diverse learning environments.
6. Cultivate a collaborative learning community among educators to share insights and support professional growth.

What you will learn

- Discover cutting-edge teaching approaches in STEM and life sciences.
- Practical strategies to enhance student engagement and outcomes.
- Explore problem-based, challenge-based, flipped classroom, and other methods.
- Develop adaptable lesson plans for various educational contexts.
- Foster collaboration and creativity among students.

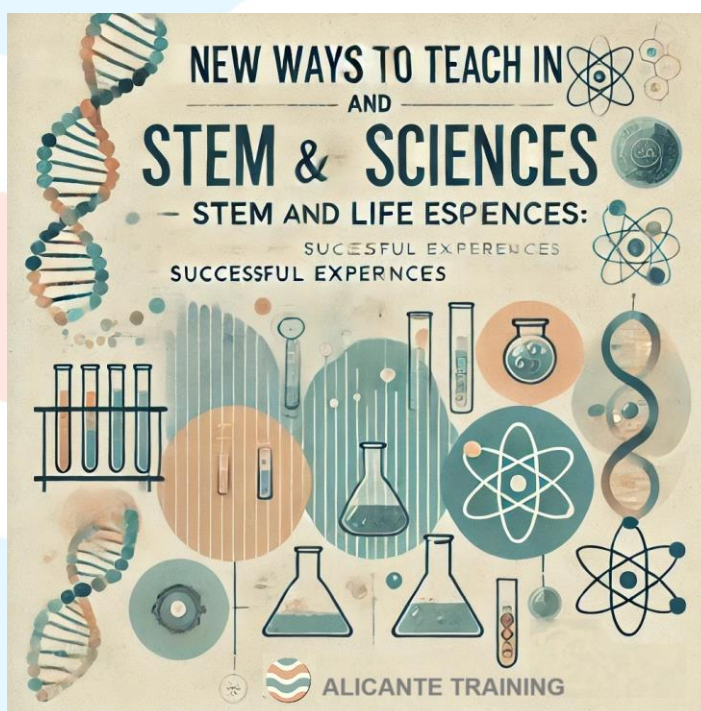


Image generated by AI

Methodology & assessment

1. Workshops and Demonstrations: Engage participants in hands-on workshops and demonstrations showcasing new teaching methods and technologies.
2. Case Studies: Analyze case studies of successful STEM and life sciences education initiatives, examining strategies, challenges, and outcomes.



3. Peer Collaboration: Facilitate peer collaboration and sharing of successful teaching experiences through group discussions and collaborative projects.
4. Reflective Practice: Encourage reflective practice through journaling, self-assessment, and group reflection sessions to refine teaching strategies and approaches.
5. Action Research: Implement action research projects where participants apply new teaching methods in their classrooms, evaluate effectiveness, and share findings with the group.
6. Feedback and Evaluation: Provide ongoing feedback and evaluation through peer review, participant surveys, and instructor assessments to inform course improvements and measure learning outcomes.
7. Final Projects: Require participants to develop and present final projects showcasing innovative teaching approaches and successful experiences in STEM and life sciences education.
8. Community Building: Foster a supportive online community where participants can continue to share resources, collaborate on projects, and seek advice beyond the course duration.



⇐ Students from this course in a previous edition. Photo taken by our staff at our facilities.

Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training. The



SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Additional information

- Language: English
- Certified time: 25 hours / 5 days or 35hours / 7 days
- Next upcoming session: 28/07/2025 to 01/08/2025
- Fees:
 - Option 1: Five-day course (28/07/2025 to 01/08/2025): 400€
 - Option 2: Seven-day course (27/07/2025 to 02/08/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€.



Image: <https://mycostablanca.net/why-is-tabarca-island-a-must-visit-gem-on-costa-blanca/>

Did you know?

Tabarca Island is a must-visit gem on the Costa Blanca coast. As Spain's smallest inhabited island, Tabarca it boasts a stunning marine reserve—the first one in Europe—teeming with vibrant fish and colourful corals.

Its charming village, with whitewashed houses and cobblestone streets, feels like stepping back in time. Enjoy local crafts, fresh seafood, and breathtaking Mediterranean views on the short ferry ride from Alicante or Santa Pola.



Digital Content Creation for Teaching with (and Without) AI (October 2025)

In a world increasingly driven by digital innovation, educators need to keep up with the latest tools and trends to remain effective and relevant. This course bridges the gap between traditional teaching methods and modern digital solutions, enabling teachers to connect with students in meaningful ways. Whether using AI or manual techniques, participants will acquire the skills needed to create dynamic, interactive, and personalized learning experiences. By attending, you will not only save time but also enrich the quality of your teaching materials.

Description

This course equips educators with the tools and strategies to create engaging and impactful digital content for teaching. Participants will learn how to use Artificial Intelligence (AI) as an ally, simplifying content creation and enhancing the learning experience. From crafting interactive lessons to designing visually appealing materials, the course addresses both AI-assisted and manual approaches to digital content creation. Educators will leave with practical skills to elevate their teaching methodologies in today's digital-first educational landscape.

Learning objectives:

1. Master the basics of digital content creation for educational purposes.
2. Leverage AI tools to simplify and enhance teaching material development.
3. Understand manual techniques for content creation without reliance on AI.
4. Develop interactive and visually appealing lessons for diverse learning needs.
5. Enhance digital storytelling to captivate and engage students.
6. Gain proficiency in managing multimedia resources effectively.



What you will learn

- Basics of AI-driven content creation tools like Canva, ChatGPT, and more.
- Manual design techniques for professional-looking teaching materials.
- Strategies for blending AI and traditional methods for optimal results.
- Tools for creating videos, presentations, and infographics.
- Effective management and organization of digital resources.
- Techniques for ensuring accessibility and inclusivity in digital content.

Methodology & assessment

1. Workshops and Demonstrations: Hands-on sessions with AI tools and manual design techniques.
2. Case Studies: Analysis of successful digital content examples in education.
3. Peer Collaboration: Group activities to create and refine content collaboratively.
4. Practical Assignments: Real-world tasks to apply learned skills immediately.
5. Feedback Loops: Regular reviews and constructive feedback from peers and instructors.
6. Final Project: Development of a complete digital content piece (lesson, video, or presentation).
7. Self-Reflection: Participants assess their learning journey and identify areas for growth.
8. Post-Course Resources: Access to templates, guides, and AI toolkits for continued application.



Image generated by AI

Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training. The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.



✉ Image of a workshop held during the 2024 edition of this course. Photo taken by our staff at our facilities.

Additional information

- Language: English
- Certified time: 25 hours / 5 days or 35hours / 7 days
- Fees:
 - Option 1: Five-day course (05/05/2025 to 09/05/2025): 400€
 - Option 2: Seven-day course (04/05/2025 to 10/05/2025), including a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe's first marine reserve: 560€



Puppetry as a Didactic Resource (December 2025)

Puppetry is a unique medium that combines art, culture, and emotional expression, making it an invaluable tool for educators. This course offers a deep dive into how puppetry can enhance creativity, foster communication, and support therapeutic goals for children, especially those with disabilities. Through immersive experiences, participants will learn to apply these techniques in their professional contexts, ensuring inclusive and impactful teaching practices.

Description

This course combines creativity and pedagogy to explore the role of puppetry as an educational and leadership tool. Participants will attend performances at the renowned **Festitíteres International Puppet Festival** (38th edition) and visit a **theatre specially designed for children with disabilities**, ensuring accessibility for all, including those with visual or hearing impairments, bedridden patients, and individuals reliant on life-sustaining medical equipment. Activities include a puppet-making workshop, didactic sessions with education experts, and interviews with hospital clowns on puppetry's therapeutic potential. In addition, if at least seven attendees register before August, those participants will also experience the traditional **Tirisiti puppet show**, celebrated since the 19th century (the organizers of this show sell very few tickets because the theatre is very small, and they usually sell out by August, even though the performance takes place in December).



Promotional poster for the 2024 edition of Festitíteres. Extracted from [the official festival website](#).



This course is ideal for art teachers, Spanish educators, educational psychologists, and primary school teachers.

Learning objectives:

1. Understand the cultural significance of puppetry in education.
2. Develop skills to integrate puppetry into classroom teaching and therapy sessions.
3. Explore innovative ways to use puppetry as a leadership and communication tool.
4. Gain hands-on experience in puppet construction and performance techniques.
5. Learn from real-world examples of puppetry in therapy and inclusive education.
6. Learn from professionals by attending performances at the international puppet festival "Festitíteres."
7. Meet professionals and explore unique facilities specifically designed for the use of puppets (and theatre in general) as educational tools.



Images from the "Festitíteres 2024" festival.
Extracted from [the official festival website](#).

What you will learn

- Techniques for creating and performing with puppets.
- Insights into the therapeutic applications of puppetry for children.
- Strategies for integrating puppetry into educational and leadership roles.
- Hands-on experience with puppet-making and performance.
- Practical knowledge of accessible theatre design and inclusivity.



Image of "Tirisiti," a performance that originated from the fusion, at the end of the 19th century, of three nativity scenes. It has remained unchanged since then, combining tradition for children with a touch of wit for adults ;-)

Extracted from the official website of the [Alcoy City Council](#).

Methodology & assessment

1. Workshops: Hands-on puppet-making and performance sessions.
2. Theatre Visits: Attend Festitíteres performances and visit accessible theatres.
3. Case Studies: Analyse the use of puppetry in therapy and education.
4. Peer Collaboration: Group activities to develop and present puppet-based projects.
5. Expert Interviews: Sessions with hospital clowns and educators specializing in puppetry.
6. Critical Reflection: Discussions and feedback to evaluate methodologies and their applications.
7. Cultural Immersion: Optional attendance at the Tirisiti puppet show for added historical context (Subject to the course being confirmed before tickets sell out, which usually happens in August.).

Certification details

TWO CERTIFICATES will be issued as part of this course: one in the form of a diploma with the company stamp and signature of the CEO, stating the name of the course, location, length in hours and a certificate of successful completion of the training.

The SECOND document, in the form of a certificate, will contain the same basic information as the first one, but in addition will contain the complete content of the course.

Additional information

- Language: English (Please read the disclaimer at the end)



- Certified time: 35hours / 7 days (Sunday to Saturday):
- Next upcoming session: At the beginning of December (depending of the definitive dates of the international festival “festitíteres”).
- Fees: €560, including tickets to the performances, a city tour, a visit to the fishing town of Santa Pola, and Tabarca Island, Europe’s first marine reserve. Intercity transportation from Alicante to the adapted theater (80 km), to Tirisiti if applicable (50 km), the visit to Santa Pola (17 km), and the boat trip to Tabarca Island are all included in the price.
- **Disclaimer:** Although all educational activities and visits will be conducted in English, the puppet performances will be in Spanish, as it is the local language. For participants who do not understand Spanish, essential linguistic assistance will be provided, but simultaneous translation of the dialogue in the performances will not be offered. In any case, as the performances are primarily for children, the visual information usually provides clear indications of the content of the show.



Detail of the restroom doors in the adapted theatre for children with illnesses or disabilities.

Image extracted from the official [website of the theatre](#).



Alicante Training

Erasmus courses **and** Traineeships

At Alicante Training, we **do MORE** than just courses:

Other services offered by Alicante Training

1. Customized Erasmus courses

If you gather 7 or more people interested, we'll organize the course on the date you propose and **on the topic you specify** (language of instruction: English or Spanish). Additionally, if you gather 10 or more people, we can organize the course **in the language of your choice**.



A snapshot of participants from a 2024 course.
Photo taken by our team.

Our doors and our minds are open

2. Language Courses or Educational Visits for Children's Groups

With accommodation in residences or with host families. These courses are often combined with sports activities in the same language of instruction to help the children become familiar with it in a real-life context. Additionally, they can participate in activities at educational centers or engage in programs where we facilitate the hosting of students (children or young people) from other European schools.



Photos of students (under 16) attending Spanish courses.
Captured by their teachers or our dedicated staff.

3. Professional placements for vocational training students in companies (with accommodation in residences or with host families). At the request of the originating institution, we can also arrange complementary activities such as excursions, sports, etc. Let us know which business sector you need, and we'll find it for you. Alicante has much more than just hotels and restaurants.



Vocational Training students (Administration) at the entrance of their residence.
Photo taken by our staff.

As experienced educators and Erasmus coordinators ourselves, we deeply understand the needs of schools, the expectations of parents, and the challenges faced by Erasmus coordinators in Vocational Training. Most of our team members are actively working in public teaching institutions, ensuring we remain closely connected to the realities of the classroom and administration. **We know how challenging it can be to secure high-quality placements and comfortable, affordable accommodation for students. Our insight into what students require, what families value, and the demands of managing Erasmus projects allows us to provide tailored support that makes a real difference.**



4. Job-shadowing / experiences for teachers

Alicante is our home, and our connections open doors. Tell us the type of institution you're looking for, and we'll do everything possible to make it happen. We have true friends across various levels of schools, associations, and companies.

If we can't find what you need, we'll tell you honestly. But if we say we've found the right place, you can trust it's genuinely a good fit—no tricks or false promises. We may have fewer clients, but we'll gain more friends.

5. Research

The only way to stay at the forefront is by researching, innovating, and testing what we learn to ensure its real value. At AlicanteTraining, we actively participate in research projects.

While we can't take on too many at once, we carefully select initiatives that align with our mission. Currently, we're collaborating on a two-year project with two universities (one Czech and one Spanish) and two educational institutions (also one Czech and one Spanish). The project, titled *'Fostering Cross-Cultural Collaboration With Artificial Intelligence in Service-Learning'*, aims to produce a conference presentation and a book chapter based on the findings. Follow us on Facebook or subscribe to our newsletter to stay updated on our progress and results!

**Want to stay updated on our news
without being bombarded by emails?
Subscribe to our newsletter!**

**Subscribe to our
newsletter
[Max. 1 mail/month] :)**

To enrol in one of our courses or to get further information please visit our website at www.alicantetraining.com



Our doors and our minds are open